

Nutrition Facts

Serving Size About 1 cup (240mL)

Servings Per Container About 4

Amount Per Serving

Calories 30 Calories from Fat 30

% Daily Value*

Total Fat 3g **5%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0g **0%**

Sodium 110mg **5%**

Potassium 35mg **1%**

Total Carbohydrate 1g **0%**

Dietary Fiber 1g **4%**

Sugars 0g

Protein 1g

Vitamin A 10% • Vitamin C 0%

Calcium 2% • Iron 2%

Vitamin B2 25% • Vitamin B12 50%

Vitamin D 25% • Vitamin E 50%

Zinc 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Organic Almond Base (Filtered Water, Organic Almonds), Organic Vanilla Flavor, Sea Salt, Sunflower Lecithin, Organic Locust Bean Gum, Gellan Gum, Vitamin A Palmitate, Ergocalciferol (Vitamin D2), DL-Alpha-Tocopheryl Acetate (Vitamin E), Riboflavin (Vitamin B2), Zinc Gluconate, Cyanocobalamin (Vitamin B12).

CONTAINS: Almonds

DISTRIBUTED BY: COSTCO WHOLESALE CORP.
P.O. BOX 34535, SEATTLE, WA 98124-1535 USA
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Certified Organic by: QAI

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FROM IMPORTED AND
DOMESTIC INGREDIENTS**

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