FACE SHAPE GUIDE
Find the frame that best complements your face.

Not sure? Take a quick look in the mirror or ask a friend to help find the face shape that is closest to yours.

**FRAME STYLES**

- **Geometric**
- **Rounded**
- **Oval**
- **Square**
- **Navigator**
- **Aviator**
- **Rectangular**

**Oval**
Rounded forehead and chin of equal size.
Most frame styles, particularly geometric or round frames.

**Square**
Wider forehead, cheek and chin area with a slightly angular jaw.
Round or oval frames soften angular facial lines.

**Rounded**
Larger, curved forehead, full cheeks with a round chin.
Rectangular, navigator, square or geometric frames to sharpen the features and create definition.

**Triangular/Heart**
Wider forehead narrowing gradually to a slightly rounded chin.
Square, navigator, rectangular or geometric frames to add width to the chin and cheek area.