

**INGREDIENTS:**

Organic Soymilk
(Filtered Water, Whole
Organic Soybeans),
Organic Cane Sugar,
Tricalcium Phosphate,
Sea Salt, Carrageenan,
Organic Vanilla Flavor,
Natural Flavors,
Vitamin A Palmitate,
Vitamin D2, Riboflavin
(B2), Vitamin B12.

CONTAINS: Soy

Nutrition Facts

Serving Size 1 Cup (240 mL)

Servings Per Container 4

Amount Per Serving

Calories 100 **Calories from Fat** 35

% Daily Value*

Total Fat 4g **6%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Polyunsaturated Fat 2.5g

Monounsaturated Fat 1g

Cholesterol 0mg **0%**

Sodium 110mg **5%**

Potassium 360mg **10%**

Total Carbohydrate 8g **3%**

Dietary Fiber 1g **4%**

Sugars 6g

Protein 8g

Vitamin A 10% • **Vitamin C** 0%

Calcium 30% • **Iron** 8%

Vitamin D2 30% • **Riboflavin (B2)** 30%

Folate 10% • **Vitamin B12** 50%

Phosphorus 25% • **Magnesium** 10%

Zinc 6% • **Selenium** 6%

*Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on
your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4