

Cookie Dough Ingredient Listing:

Protein Blend (Whey Protein Isolate and Milk Protein Isolate), Dietary Fiber from Tapioca Starch, Cashews, Unsweetened Chocolate, Erythritol, Natural Flavor, Cocoa Butter, Sea Salt, Water, Sunflower Lecithin, Steviol Glycosides.

Chocolate Brownie Ingredient Listing:

Protein Blend (Whey Protein Isolate and Milk Protein Isolate), Dietary Fiber from Tapioca Starch, Cashews, Unsweetened Chocolate, Erythritol, Cocoa Powder (Processed with Alkali), Natural Flavor, Cocoa Butter, Water, Sea Salt, Sunflower Lecithin, Steviol Glycosides.

Brownie

Nutrition Facts			
Serving Size (60g)			
Servings Per Container			
Amount Per Serving			
Calories 190		Calories from Fat 60	
		% Daily Value*	
Total Fat 7g		11%	
Saturated Fat 2.5g		13%	
Trans Fat 0g			
Cholesterol 5mg		2%	
Sodium 170mg		7%	
Total Carbohydrate 23g		8%	
Dietary Fiber 15g		60%	
Sugars 1g			
Protein 21g			
Vitamin A 0%		Vitamin C 0%	
Calcium 10%		Iron 15%	
*Percent Daily Values are based on a 2 000 calorie diet Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2 500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2 400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			

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